



Credidimus caritati
we have put our faith in love



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Openness to Life and the Billings Ovulation Method®

WOOMB International Conference
12-15 May 2016
Billings Teacher Update Programs
16-19 May 2016
Archdiocesan Pastoral Institute
Zagreb, Croatia

John J Billings Memorial Oration - *Openness to Life and the Billings Ovulation Method - reflections on the Synod on the Family and its impact on our work.*

Mrs Joan Clements, Director, WOOMB International

Billings Ovulation Method and deepening unity, respect, communication, trust and intimacy between the couple.

Dr Cristian Vargas, Bioethicist, Académio Instituto Superior de Bioética en Universidad Católica de la Santísima Concepción. Chile

Avoiding Pregnancy while remaining Open to Life - the dynamics of self-giving according to John Paul II and its eventual obstacles.

Fr François Buet, Spiritual Advisor to WOOMB France

Exercising Responsible Parenthood

Dr Caroline Terrenoir, President, WOOMB France

Monitoring Reproductive Health - ethical considerations

Dr Cristian Vargas, Bioethicist, Académio Instituto Superior de Bioética en Universidad Católica de la Santísima Concepción. Chile

Using the Billings Ovulation Method® to achieve and avoid

pregnancy and to monitor reproductive health presented by senior teachers from the UK, Spain and Italy.

All this and more!

Register for the Conference at:

woombconference.ppo.hr/registration



The Conference will be followed by Basic/Up-skilling and Extension Training Programs for teachers of the Billings Ovulation Method® which can form part of reaccreditation requirements with national training organisations affiliated with WOOMB International Ltd.

Come along and see how Billings Ovulation Method® accredited teachers are trained throughout the world and ensure that your knowledge is up to date with the latest!

On Thursday 12th May, prior to the commencement of the Conference, there will be a 6-hour Health Professionals Seminar entitled *Menarche to Menopause - Health Advantages of Monitoring Fertility*. This seminar qualifies as a Continuing Professional Development education program for doctors and others who are members of professional Colleges such as the Royal Australian College of General Practitioners and the Australian and New Zealand College of Obstetricians and Gynaecologists.

Registrations for the Teacher Training Programs and the Health Professionals Seminar are also available at

woombconference.ppo.hr/registration



Drs John and Evelyn Billings take the Billings Ovulation Method® to Europe



A couple "cooperating with what the Creator has designed in nature, are at peace with their consciences and [live] in an atmosphere of love, happiness, security and peace which is appropriate to the rearing of children, each of whom has experienced the beatitude of having from birth a father and mother who love them and love each other."

Dr John J Billings

The Drs Billings first travelled to Europe in 1974 to share the good news of the Method of natural fertility regulation which they had devised and which the World Health Organisation had recommended be named after them. Over the following 30 years they made 36 separate trips to 16 different countries of Europe, some of them on multiple occasions. Many of these countries were located behind the Iron Curtain in those early days and trips to those regions were necessarily clandestine and dangerous both for the Drs Billings and their hosts.

They had a special love for the people of Europe who were some of the earliest to embrace their Method and train as teachers. Dr Sr Anna Capella, whom Drs John and Lyn first met in Katchi, Pakistan in 1972 where she was then a missionary, was one of the key people and one of their dearest friends. After her death, Dr Lyn wrote about Sr Anna, "[she] soon realised that we were all talking about the same love – hers and that which thrives in teaching the Billings Ovulation Method™ of natural fertility regulation. From that moment Sr Anna seized the method and began teaching, realising its value in enriching marriages and families with generosity, truth and love. She set about inspiring others to train others to teach, thus protecting them from the damaging programs imposed upon them."

Menarche to Menopause Health Advantages of Monitoring Fertility

Thursday 12th May 2016
Zagreb, Croatia

When Sr Anna was recalled to Rome, "She attracted and gathered around her a remarkable, capable and devoted band of Italian women – doctors, sisters and mothers. Inspired by her staunch goodness and gentle care Anna extended her influence far and wide in Italy and later to other parts of Europe, Africa, Latin America including Cuba, Lebanon and the Holy Land. Sr Anna attended many BOM Conferences recording every word and producing very valuable Italian materials."

It is the fervent hope of the Directors of WOOMB International that many of these same Italian teachers will travel to Croatia to meet with us at the WOOMB International Conference and share with us those stories of the early days.

Another country in Europe to which the Drs Billings travelled more than once and one from which they told many stories of secret meetings in back rooms to share the Method, was Poland. From there was to come the first non-Italian Pope for more than 400 years. The towering figure of the twentieth century. John Paul II was to become a dear friend of the Drs Billings. He invited them to participate in the Synod on the Family in 1980 and they met him on many occasions over ensuing years, the last time being in 2002 when they were awarded the Honoris Causa Degree from Tor Vergata University in Rome.

Sadly we no longer know of many active teachers of the Billings Ovulation Method® in Poland, but would be very excited if anyone were to come from there to the Conference in Croatia in May.

We could go on with stories from Europe over the years, but why not join us at the Conference to celebrate 63 years of the Billings Ovulation Method® at the Archdiocesan Pastoral Institute in Zagreb, Croatia from 12th to 15th May and afterwards at the Teacher Training Programs from 16th to 19th May.

We are sure Drs John and Lyn Billings will be praying for the success of the Conference from their places beside the Throne of Grace and would be delighted and proud to see many friends old and new gathered together in their memory and continuing their wonderful work.



As the family goes, so goes the nation and so goes the whole world in which we live.

John Paul the Great

A 6-hour program for Health Professionals:

- Hormonal Correlations - the continuum from menarche to menopause
- The Incredible Cervix - its response to changing hormone levels
- Correlating the Signs and Symptoms of Fertility with hormone changes
- Charting the Continuum from Menarche to Menopause - the health advantages of monitoring fertility
- Charting the Signs of Fertility - a diagnostic tool

Comments from previous participants in the Menarche to Menopause seminar:

- Of course we learnt the basics in our medical training, but this is so much more and so clearly presented
- I had no idea of how intricate is the role and function of the cervix and its importance to fertility in the female
- A excellent program which will be of great value to me in my practice

100% of participants say they would recommend the program to their colleagues.

To register:
woombconference.ppo.hr/registration

More information:
enquiries@woombinternational.org



Doctors as Moral Agents

It is in fact in a patient's best interests and in the public interest for physicians to act as moral agents, and not as technicians or service providers devoid of moral judgement. At a time when some feel that we are seeing increasingly problematic behaviours, and what some view as a crisis in professionalism, medical regulators ought to be articulating obligations that encourage moral agency, instead of imposing a duty that is essentially punitive to those for whom it is intended and renders an impoverished understanding of conscience.

Extract from an article seen at:

<http://consciencelaws.org/background/policy/associations-013.aspx>



Contraception - Choosing the Lesser Evil



Janet E Smith

The Church has never taught that if the harms are serious enough, it is permissible to use contraception.

It is time to review some basic principles that bear upon the question of the morality of contraception.

Meaning of contraception: Thing and act

First, let us note that the word "contraception" is used to describe both a thing and an act. Only the act permits of moral analysis. There are many "things" called contraception, such as the many forms of the pill, the condom, the IUD, and the patch. Contraception as an act permitting of moral analysis is the act of doing something before, during, or after an act of spousal intercourse to prevent the act from achieving the end of procreation.

The Church teaches that acts of contraception are always against the plan of God for human sexuality, since God intended that each and every act of spousal intercourse express both the intention to make a complete, unitive gift of one's self to one's spouse and

the willingness to be a parent with one's spouse. These meanings of the spousal act are, as *Humanae Vitae* stated, inseparable.

Moreover, many forms of contraception work not by preventing ovulation or preventing conception but by either destroying an embryonic human being or rendering the uterus an inhospitable place for an embryonic human being. These "contraceptives" are not truly contraceptives. They cause the death of a new human being and are rightly called abortifacients. Both contraception and abortion are absolute evils, with abortion being a much more serious evil.

Therapeutic use of hormones

It often causes confusion that the Church permits the use of the hormones that are in the contraceptive pill to treat certain physical conditions. For instance, a woman who has ovarian cysts or who suffers from endometriosis may find that taking the hormones that are present in the contraceptive pill relieve her from some of the pain that results from such conditions. Women who use those hormones with the intent of reducing pain and not with the intent of rendering their sexual acts infertile are not engaging in acts of contraception. In the terminology of the principle of double effect, they are using hormones in pursuit of the good effect of reducing pain and, as a secondary effect, they are tolerating the infertility caused by the hormones they are taking.

Nuns in the Congo

It also confuses many that the officials of the Church many decades ago permitted nuns in the Congo who were in danger of being raped to take hormones that prevent ovulation (which is what the "pill" does). In this case the hormones would be taken with the intent of avoiding a pregnancy, but not a pregnancy that would be the result of a spousal act of sexual intercourse. They would not be altering the purpose of a spousal act of sexual intercourse. Rather, they would be defending themselves against the possible consequences of an act of rape. Keep in mind that it is justifiable for a woman to inflict great physical harm, even death, on a man threatening rape. Her act of killing the rapist is not justified as a "lesser evil" because killing is not a lesser evil than enduring rape. Rather, her act is an act of just and moral self-defense.

Thus, for a woman to do something to prevent a rapist's sperm from uniting with her ovum is a part of justifiable self-defense. Her act has nothing to do with violating God's plan for sexuality. She is not choosing to use contraception to prevent a spousal act of sexual intercourse from achieving its natural end. She is not refusing to make a complete gift of herself to her spouse. She is fending off a rapist and all his physicality. Clearly, her use of ovulation-suppressing hormones is not an

act of contraception. (A good source for information about the history/reasoning concerning the nuns in the Congo is Fr. Edward Bayer's *Rape Within Marriage* (1985), pp. 82-3)

Principle of choosing the lesser evil

The principle of choosing the lesser evil (PCLE) is often misunderstood. It does not apply to doing a lesser moral evil to avoid a greater moral evil. That is, for instance, one cannot directly kill one innocent human being to save the lives of several other innocent human beings. One cannot cheat one's customers for money to give to the poor.

We must remember that the word "evil" does not refer only to moral evil. The word "evil" refers to any imperfection of any kind, for instance, to any physical imperfection. Blindness, for instance, or lameness are physical "evils."

The PCLE applies to the common sense choices to do or undergo some non-moral evil for the sake of some greater good. One can destroy property to save life, such as breaking down a door to save a child trapped behind the door and in danger. It is not a moral evil to destroy the property. Yes "evil" is done—the door is broken and can't be used—but the evil is a physical evil, not a moral one. Rather, it is morally good to break down the door.

The PCLE does not justify a woman using contraception to prevent a pregnancy because she fears the child may suffer some harm during the pregnancy. Here a woman is choosing to do something immoral to prevent harm. This choice violates the fundamental principle that we must never do moral evil to achieve good. She would be intending to thwart the purpose and meaning of the sexual act in order to protect any child conceived from harm, but she is doing harm—to the marital act and her marital relationship—by using contraception to prevent a pregnancy.

There are all sorts of "harm" that spouses may wish to attempt to avoid by using contraception. In fact, one suspects that there is always some harm spouses are trying to avoid by using contraception—harms such as financial stress, inconvenience, threats to the mother's health, sexual frustration, etc. The Church has never taught that if the harms are serious enough, it is permissible to use contraception, for that would be choosing to do moral evil to avoid harm.

To suggest that some "emergency" or "special situation" would permit a person in conscience to use contraception does not align with Catholic moral theology. For spouses to use contraception is always wrong. How can any emergency or special situation justify what is always wrong? It is an improper use of conscience to use it to discern that it is moral to do what

is intrinsically wrong in special situations. One job of the conscience is precisely to enable a person to honor moral norms in special situations. In emergencies or special situations we are not permitted, for instance, directly to kill innocent human beings even if great good could come from that death. Martyrdom is precisely a result of the refusal to do something that is morally wrong in an "emergency" or "special situation."

Natural family planning

Couples in difficult situations, however, have options. They may use one of the many very effective forms of natural family planning (NFP). These methods are in accord with God's plan for sexuality; they permit the spouses to engage in acts of sexual intercourse in which the unitive and procreative meanings are still intact; they have done nothing before, during, or after a sexual act to render it infertile. They act with the knowledge that the conditions of their act, conditions not brought about by their actions, make the conception of a new child near impossible. God permits spouses to have sexual intercourse both when a woman is fertile and when she is infertile, so there is nothing wrong with their having sexual intercourse when infertile. God permits spouses to refrain from sexual intercourse when fertile and thus, when a couple refrains because it would not be beneficial to conceive a child, they are doing something good not something wrong.

Not only is NFP moral, it also brings about many other benefits with moral dimensions. For instance, it costs virtually nothing to use and is completely without bad physical effects. Public health ventures stand to save enormous sums of money if they teach methods of natural family planning rather than buying and distributing contraceptives. Nor need they deal with the bad health consequences for women and the harmful effects on the environment. Methods of NFP are spectacularly "green" both for a woman's body and for the environment. Monies saved from use of NFP could reasonably be used to kill insects that carry terrible viruses or to discover vaccines that protect against awful diseases.

Conflict between the Fifth and Sixth Commandments

Let us also consider the claim that there might be a conflict between the Fifth ("thou shalt not kill") and Sixth ("thou shalt not commit adultery") Commandments that would justify the use of contraception. What is the risk of violating one of those commandments by honoring the other? Is the reasoning here that those who conceive, for instance, a child with microcephaly are responsible for a kind of "killing of the child"? That is, their honoring their marital fidelity by having sexual intercourse open to life puts them in a position of endangering the life of a child conceived (a violation of the Fifth Commandment?). Or, if they refrain from sexual intercourse in order to avoid putting the life of a

child at risk, is there the suggestion that that refraining is a violation of some kind of the Sixth Commandment?

This “conflict” seems to imply that to use contraception (which violates the Sixth Commandment) is a lesser evil than violating the Fifth Commandment and that spouses should be permitted to use contraception to avoid conceiving a child with microcephaly—seen as a kind of murder. But this reasoning is not sound for several reasons. First, to conceive a child with microcephaly is not a form of murder; life is always a gift, and even life as a person with microcephaly is a gift. There are undoubtedly serious challenges and difficulties in living with microcephaly and caring for someone with microcephaly, but one has not harmed a person by giving him or her life.

Moreover, spouses are not under an obligation to have sexual intercourse. If they believe their intercourse might lead to a problematic situation for which they are not prepared, they are free to abstain completely from sexual intercourse or abstain periodically. Spouses abstain for all sorts of reasons—because of physical separation, illness, and even such trivial reasons as a desire to watch sports on TV or to do the laundry. To abstain to avoid exposing a child to the danger of microcephaly would seem a respectable reason for abstaining.

These are some of basic principles that need to be kept in mind when assessing proposals to help women who live in areas where children conceived might contract lethal or disfiguring diseases. Contraception is not a moral solution. Use of a method of natural family planning is.

About the Author: Janet E. Smith holds the Father Michael J. McGivney Chair of Life Ethics at Sacred Heart Major Seminary in Detroit. She is the author of Humanae Vitae: A Generation Later and Right to Privacy, editor of Why Humanae Vitae Was Right: A Reader, and coauthor (with Chris Kaczor) of Life Issues, Medical Choices, Questions and Answers for Catholics.

http://www.catholicworldreport.com/Item/4594/Contraception_Congo_Nuns_Choosing_the_Lesser_Evil_and_Conflict_of_Commandments.aspx



Little Litany for the sanctification of Drs. John and Evelyn Billings

Sent to us by one of our teachers from BOMA-USA. Reprinted and slightly amended with permission.

Drs Billings, obedient son and daughter of the Father, Pray for us

Drs Billings, diligent medical scientists, Pray for us

Drs Billings, examples of virtue, Pray for us

Drs Billings, devoted parents, Pray for us

Drs Billings, healing marriages, Pray for us

Drs Billings, fearless under opposition, Pray for us

Drs Billings, seeking the soul of the family, Pray for us

Drs Billings, messengers of hope to families, Pray for us

Drs Billings, most admirable, Pray for us

Drs Billings, most gentle and kind, Pray for us

Drs Billings, most patient, Pray for us

Drs Billings, humble of heart, Pray for us

Drs Billings, friends to all, Pray for us

Drs Billings, defenders of the faith, Pray for us

Drs Billings, guardians of manhood and womanhood, Pray for us

Drs Billings, strengthening men and women to live out God's plan for them, Pray for us

Drs Billings, suffering persecution for teaching Natural Family Planning, Pray for us

Drs Billings, teachers to all nations, Pray for us

Drs Billings, forgiving their enemies, Pray for us

Drs Billings, loving devotion to each other, Pray for us

Drs Billings, defenders of Life, Pray for us

Thank you, Lord Jesus, for sending the Drs Billings to us. May they be raised to your Altar of Saints for your glory. Amen.



News Around the World

Philippines

Attached are some photos of the November 2015 training.



November 14-15, 2015, Catholic Women's League of the Diocese of Imus Cavite.



Home and community visitation.

WOOMB Philippines gave an Extension Program for experienced teachers of the Billings Ovulation Method[®] for the Diocese of Antipolo held last Nov. 2015



Trainees of Catholic Women's League receive their certificates.



Congratulations and thanks to all at WOOMB Philippines for all your hard work.



Anawind Community, November 28, 2015.

Pakistan

Since the last issue of the Bulletin, the team at WOOMB Pakistan have sent us their 2015 Report and also details of programs undertaken so far in 2016.

Report of the National Family Life Commission of Pakistan 2015

National Family Life Commission's activities from January to December 2015

In the year 2015, from January to December, National Family Life Commission was engaged in different Diocesan and National level programs. In this regard, we have traveled mostly to parishes in rural areas and urban slums where Catholic couples are given the programs on Spirituality of Marriage and Church's Moral and social Teachings on Human Sexuality as well as the skill/training to learn Natural Family Planning (Billings Ovulation Method) in their marriages. People at grass-roots level are not aware of all these and consequently living their Marital Life against the teachings of Catholic Church which is the cause of many broken marriages. Besides this we are also working with Government Health Sector, which includes many Muslim health workers, as well as with other Christian denominations, which is a good testimony of Inter-faith and inter-denominational harmony in Pakistan.

During 2015, we have trained dozens of Teachers of Billings Ovulation Method (BOM) who are helping hundreds of couples within their dioceses, parishes, colonies, slums etc. We also established few households (prayer groups of Couples for Christ Movement) in Islamabad-Rawalpindi, Karachi and Multan dioceses who are regularly holding their meetings.

During 2016, National Family Life Commission is planning to hold more and more Teachers Training Programs in the 7 dioceses of Pakistan so that all dioceses will be self-sufficient in Billings Ovulation Method teachers and clusters of Households, who can work with couples as well as with youth for pre-marriage counselling in their respective dioceses.

Please find below the main activities of 2015.

1. BOM training program with the couples of St. Eugene De Mazenod Church, Pir Mahal, Diocese of Faisalabad
2. One-day BOM (Billings Ovulation Method) training program with the couples of St. Joseph's Parish, Chak No. 36, Sargodha, Diocese of Islamabad-Rawalpindi
3. BOM Training program with the couples of St. Joseph's Parish, Archdiocese of Lahore

4. BOM training Program with the couples of Immaculate Conception Church, Toba Tek Singh, Diocese of Faisalabad
5. BOM training Program with the couples of St. Joseph's Cathedral, Diocese of Islamabad-Rawalpindi
6. BOM training Program with couples of Sacred Heart Parish, Gojra, Diocese of Faisalabad.
7. Ongoing NFP teachers training program of BOM (September 2014 to March 2015 on weekly basis) with the Family Health Workers of Regional Training Institute, Ministry of Population Welfare, Islamabad
8. One day BOM training Program with the couples of Good Shepherd's Church Assemblies, Islamabad
9. National program on marriage preparation and introduction of BOM with the youth of 6 dioceses of Pakistan in Ayubia
10. 6-month Teachers Training Program (weekly basis) of 4 couples of St. Joseph's parish at National Family Life Office, Rawalpindi
11. 5-Day training program of BOM with the Nurses of District Headquarter, Hospital, Rawalpindi
12. 6-month (January to May 2015) Teachers Training Program (weekly basis) on Teen STAR (Sexuality teaching in the context of Adult Responsibility) with youth and the student of Minor Seminary in National Family Life Office, Rawalpindi
13. One day training Program with couples of Arooj-e-Mariam Parish, Diocese of Faisalabad
14. One day training program of BOM with the couples of Holy Rosary Church, Warispura, Diocese of Faisalabad
15. Participation in the ceremonies of World Meeting of Families, Philadelphia, USA
16. 4-day National Family Life Conference on Couples for Christ (Christian Life Program) and BOM training program, Pastoral Center, Rawalpindi
17. One day training program with the couples of Sacred Heart parish, Jhang, Diocese of Faisalabad
18. 2-day training program with the trainee Catechists of St. Albert's Catechist Training Center, Khushpur, Diocese of Faisalabad
19. Household meetings of Couples for Christ Movement in Rawalpindi

Programs held to date in 2016 include: Two training programs in Diocese of Faisalabad in February. The first

program was held in Cathedral of Sts. Peter and Paul on 5th February where 13 couples attended our one day training program. Bishops of Faisalabad and Quetta Dioceses especially attended some of our sessions. At the end Bishop of Faisalabad gave a brief lecture to the participants on the importance of this program. Please see the picture attached where both bishops are present.



Our second program was held on 6th of February with the collaboration of Missionaries of Charity (Mother Teresa's Sisters) where 28 couples and four sisters attended the one day training program. The program was organized by the sisters in one of the poorest localities of Faisalabad city where Sisters are actively working. The feedback of the Sisters and participants were very encouraging. Now Sisters have decided to hold BOM training for their communities in Lahore, Karachi and Rawalpindi. We are happy to work with such a great Sisters who are working very hard with these down trodden communities in all these cities.



On 12th March we had an opportunity to impart one-day BOM training program to the couples of Renala Khurd's Parish, a town after Lahore but falls in the jurisdiction of Faisalabad Diocese.

Fifteen couples from the town and nearby villages together with 3 priests participated in this program. As usual, the first part was Church's teachings on human sexuality followed by BOM training. The feedback of

the participants was very encouraging as they shared they were not aware of all these teachings and vowed to convince the Parish priest to conduct more programs of this type on regular basis in their parish.

At the end, Urdu translated booklets of BOM research was distributed among the participants as well as to the priests.



Our thanks and prayers go to all the team at WOOMB Pakistan - we are in awe of your energy and dedication in often difficult and dangerous conditions. May God continue to richly reward your efforts.

Australia

In November 2105 the Ovulation Method Research and Reference Centre of Australia (the WOOMB International affiliate in Australia) conducted a National Teachers' Seminar weekend which was also attended by teachers from WOOMB New Zealand. It was a wonderful weekend of sharing the learning, and a great opportunity to recharge our spiritual batteries to continue the work in God's vineyard.

The weekend started with Mass and later we heard reports of all the good work being done throughout the country. On Saturday morning we had an inspirational talk from Fr Gabriel Murray on *Love and Responsibility*

in the context of the work that we do followed by testimonials from teachers of the changes they see in the lives of couples when we teach them the Billings Ovulation Method® - as Dr Lyn Billings used to say to us "Pour in love and stir!"

A panel of doctors answered questions about various medical issues that we have face in our work and we had charting workshops. We heard personal stories from a young woman who works with other young women on sexuality - some of whom have endured abortions.

At dinner we had a talk from Bishop Gerrard Hanna who has been a long time friend of the Billings Ovulation Method® and there was recognition of ten women who have given outstanding service to our work over several decades.

We had an update on the latest contraceptives by a pharmacist and their likely effect on the charts of women that we teach.

There were also update sessions on teaching with Fertility Pinpoint and on the resources materials available for spreading the good news of the Billings Ovulation Method®. All teachers and trainees left with an assessment exercise, successful completion of which counted towards accreditation for trainees and reaccreditation for another three years for teachers.

People had travelled hundreds and even thousands of miles to attend the weekend but all said it was very much worth all the effort and look forward to another such opportunity in the far west of our vast country in 2017.



United States of America

BOMA-USA will be holding their national conference in Tampa, Florida over 3rd and 4th June 2016.

International speakers will include Gillian Barker from Australia, Dr Lek-Lim Chan from Malaysia and Professor Pilar Vigil from Chile. Dr Mary Martin from Oklahoma and a Pharmacist from North Dakota are also on the program. More details are available at www.boma-usa.org and see opposite page for flyer.



SAVE THE DATE!

June 3 & 4, 2016
Tampa Airport Marriott Hotel • Tampa, Florida

We will host our next national conference
with international speakers:

Gillian Barker of Australia
Dr. Lek-Lim Chan of Malaysia
Dr. Pilar Vigil of Chile

as well as

Dr. Mary Martin of Oklahoma
Pharmacist Janel Agnes of North Dakota

and special banquet speakers:
Abby Johnson of Texas & Fr. Joe Sirba of Minnesota

Go to www.boma-usa.org and click on June 2016 Conference, for all of
the details and to reserve your early bird registration now – May 1

(Reservations will be accepted after May 1 at a higher price.)

EARLY BIRD REGISTRATION

Starts now – May 1. A \$50 non-refundable deposit reserves your place at our conference and assures the best rate of \$250 per person which includes daily continental breakfasts, morning and afternoon breaks, Friday evening banquet, Saturday luncheon, and all talks.

Sleeping rooms are available for \$92 per night by calling the Marriott at: 813-879-5151 and ask for the BOMA-USA block of rooms. Reserve your room by May 18 to get our special discounted rate!

Extra tickets for the Friday evening banquet and Saturday luncheon are available on our registration form online: www.boma-usa.org

If you are being sponsored and want an invoice, please email Sue with the contact information for the sponsor at sue@boma-usa.org or call 651-699-8139.

WOOMB International Ltd

Aims to promote the authentic Billings Ovulation Method™ in support of couples, the family and society, and to undertake and pursue all such other similar, related or compatible objects as may from time to time be considered appropriate by the Company.

To this end, and in furtherance of the vision and the Aims and Objects of the original WOOMB International Inc, and of the founders of the Billings Ovulation Method™, Drs John and Evelyn Billings:

a. WOOMB International Ltd, will actively seek to enrich the union between husband and wife for their mutual benefit by giving them knowledge of the Billings Ovulation Method™ that they can use to develop love and fidelity within the marriage.

b. Through teaching the Billings Ovulation Method™ to men, women and young persons WOOMB International Ltd will encourage parents and future parents to meet their mutual responsibilities to each other and their children by giving them insights which can be used to develop unselfish love.

c. Knowledge about fertility regulation, using the Billings Ovulation Method™, will be directed at:

- i) helping couples who wish to have children;
- ii) helping couples who wish to avoid pregnancy.

iii) helping women to understand their fertility and to monitor their reproductive health.

d. WOOMB International Ltd, through the Billings Ovulation Method™, aims to teach all who seek the information, how to make the observations and interpretations necessary for the identification of fertility, infertility and reproductive health.

e. WOOMB International Ltd aims to impart to men the knowledge necessary to exercise a supportive and collaborative role in the application of the Billings Ovulation Method™.

f. WOOMB International Ltd, through information and encouragement, will promote an acceptance of a pregnancy not deliberately planned, so that the child will be welcomed and loved.

g. WOOMB International Ltd believes that husband and wife have the sole right to determine in conscience the number of children of their marriage.

h. WOOMB International Ltd aims to encourage ongoing research into the Billings Ovulation Method™, human fertility and reproductive health.

The *Bulletin of WOOMB International Ltd* is produced 3 times each year. It is a medium for the publication of medical and scientific articles about natural fertility and related topics. It also publishes theological and philosophical articles pertaining to sexual morality and marriage which are in accord with traditional morality and with the teachings of the Magisterium of the Catholic Church.

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Your donation

will help us to continue to bring the good news of the Billings Ovulation Method™ to women and families throughout the world. Please send bank cheque in Australian dollars or credit card details (VISA or Mastercard) to the offices of WOOMB International Ltd or donate using *PayPal* at www.woombinternational.org



WOOMB
World Organisation/Ovulation Method/Billings

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